

LAKE BRYN MAWR CAMP

Est. 1921

New Camper Edition!

Poplar Post



Welcome to Summer 2022 at Lake Bryn Mawr Camp!

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All About Camp

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The Alma Mater &
More Treasured
Traditions!**

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& Much More!

We are so happy to officially welcome you to your first summer as a Bryn Mawr Angel! June 25 can't come soon enough for us — and in the meantime, we want to help you get ready for the best summer ever! In this special edition of our camp newsletter, designed for parents and girls to read together, we'll introduce you to some of the traditional ways we welcome new campers.

We hope this issue of the Poplar Post answers many of your questions about camp and helps you feel as excited for the start of the summer as we are! We can't wait to welcome you to camp in June.

Jane, Dan & Eliza

What Will My First Day at Camp Be Like?

In the morning...

Your mom or dad will bring you to the bus. There will be other campers waiting to board. Some will be returning campers, and others will be new, like you!

It's OK to feel a little bit sad when you say goodbye to your family. You will get to talk to them again soon — and in the meantime, you're about to start having tons of summer fun!

Look for Bunk One "Bus Helpers" in yellow T-shirts and LBMC staff members in white staff T-shirts. You might feel scared or nervous. Talking to the bus counselors or the Bunk One girls can really help!

Flying to camp...

Some of our campers who are flying from far away will arrive at camp a day early. We will have a special mini-first-night-of-camp together before welcoming all of our friends on June 25th!

DID YOU KNOW?

Sometimes we say "bunk" and sometimes we say "cabin." Both words mean the same thing!

PARENTS:

Knowledge is power! When your daughter knows what to expect on her first day of camp, she'll feel more confident and ready to embrace this new experience. When you read this together, make note of any questions she may have, and feel free to contact our office to get the answers!

When you get to LBMC...

Dan and Jane will meet you at the bus and tell you what bunk you're in.

We will also take your first photograph — say cheese!

There will be lots of campers running around and greeting their friends. Don't worry — we will help you find your bunk!



In the bunk...

Next it will be time to meet your counselors and your new bunkmates!

When you get to the cabin, your trunks will already be unpacked and your bed will be set up and ready for you.

Now you can put away anything you brought with you and settle in to your summer home. Don't forget to bring some photographs or posters to hang up by your bed!

Your counselors will help you start getting to know the other girls in your cabin as they arrive.

DID YOU KNOW?

Every meal at LBMC has several options. You'll always find something you like!

At mealtime...

Depending on what age group you are in, your first meal at camp will be either lunch or dinner.

You'll sit at an assigned table with your bunk, and our dining hall staff will introduce themselves and let you know how mealtimes work. At camp, we wait for our table to be called before we go up to get our food.

Listen carefully to mealtime announcements so you don't miss anything!

In the afternoon...

It's time to get to know camp and make new friends! You will take a tour of camp, and you will play some games to help you get to know your bunkmates. Soon you will feel like you've been friends forever!

In the evening...

After dinner, we will have a special evening activity, followed by a bedtime snack before you head back to the bunk.

When you get there, you and your bunkmates will get ready for bed.

Some cabins like to have a bedtime story!

"Taps" will play over the loudspeaker to let everyone know it's time for lights out.



WHAT IS BUNK ONE?

The oldest girls in camp! Bunk One campers have been at LBMC for as many as nine summers, and they know so much about camp! You'll be able to recognize them by their special uniforms, enthusiasm, and great big smiles.

Bunk One helps lead many of our camp activities, including Talent Night, the Miss Firecracker Contest, Color War, and the Alma Mater we sing each night. When you see them stand up on their chairs in the Dining Hall, get ready to show your camp spirit as they lead everyone in cheers from past Color Wars.

Bunk One campers are special leaders in camp, and they love to help new campers feel welcome. They are happy to answer your questions about camp and help you learn the songs and cheers!

Congratulations!

You made it through your first day at camp!

The Lake Bryn Mawr Camp **ALMA MATER**

Before we go to bed at camp, we sing a special song called the "Alma Mater." The

Bryn Mawr Alma Mater helps us remember what a special place camp is and honors the generations of Angels who came before.

There'll always be a Bryn Mawr
While there's a campus fair
Wherever there's a girl to play
Have fun without a care

There'll always be a Bryn Mawr
While there's a lake serene
Wherever there's a girl to play
On a team of gold or green

There'll always be a Bryn Mawr
Where there's a poplar tree
If Bryn Mawr means as much to you
As Bryn Mawr means to me

Hearts leap up as we behold
Thy name across the sky
Setting stars as time unfolds
Thy name shall never die

Long as Bryn Mawr is our camp
We'll honor and be true
Loyalty will be our goal
Lake Bryn Mawr to you
Oh Bryn Mawr

Hail to thee, our glorious camp
As the years go by
Yours to nurture ev'ry daughter
Ours to glorify



What is a **PEANUT MOM?**

At Bryn Mawr, we believe in taking care of each other and being good role models! During the first week of camp, each Senior Camper going into 7th, 8th or 9th grade is given a special Bryn Mawr peanut with the name of a Junior Camper — her Peanut Daughter.

A Peanut Mom is a role model and special friend to her Peanut Daughter.

If you're a Junior, your Peanut Mom can help you learn the words to camp songs, teach you about camp traditions, and cheer you up if you're feeling sad!

If you're a Senior, your Peanut Daughter will be someone who will share her enthusiasm for camp with you and look up to you as a role model.

PARENTS:

Don't worry about allergies... no actual peanuts are involved in this tradition!

Don't Forget Your Spirit Gear!

Come prepared for a few special dress-up days this summer!

- Red, white and blue for 4th of July
- Western wear for Gold Rush
- Green and gold spirit gear (bandanas, necklaces, socks, tutus, etc.)
- Crazy socks
- Tie-dye
- College T-shirt
- White outfit for Banquet

**DID
YOU
KNOW?**

"Alma Mater" comes from Latin words that mean "nourishing mother."



Living the ANGEL CODE

Our Angel Code values of Loyalty, Beauty, Merit, and Comradeship are part of everything we do at camp! Here are some of the activities and projects that we do to honor the Angel Code.

Project Morry

Not every kid has the privilege of going to a camp like Bryn Mawr. We swim, run, shoot hoops and jump rope to raise money for Project Morry, a summer camp for inner city kids.

Random Acts of Kindness

Each Friday night, campers have the opportunity to publicly thank someone who did something kind and unexpected during the week.

Girls' Circle

Starting in Lower Juniors, campers have the opportunity to participate in this program that teaches healthy ways to communicate and express themselves.

Community Service

In Bunk One, campers have the chance to go into Honesdale for an afternoon and volunteer at the local food pantry.

Zero Tolerance for Bullying

At camp, we take care of one another! That means we don't tolerate bullying of any kind. We treat one another with respect and friendship.

PARENTS:

The Angel Code helps campers learn our core values. It's a great idea to introduce it at home, but don't worry about memorizing the poem... we guarantee she'll know it by heart when she comes home in August!

The Angel Code

Loyalty means being true,
faith and honor in all we do.

Beauty is in more than skin,
beauty is found deep within.

Merit means working hard all day,
developing virtue along the way.

Comradeship is being a friend,
loving others 'til the end.

As Bryn Mawr angels, we'll uphold
these four values:
The Angel Code.

Tradition

We come back to camp summer after summer for traditions that stand still in time! From Chocolate Banana Night to Gold Rush to Olympics to Color War, we know that "There'll always be a Bryn Mawr"!

Finding Your Flower

This is a phrase you'll hear many times over your years at camp. How will you "find your flower" at LBMC? What will you discover about yourself? And how will your "flower" grow through the years?



These are just some of the intentional ways in which we emphasize the importance of respecting yourself and others in the community. As you read through the list together, you may wish to ask your daughter about how she already lives the Angel Code at school, at home, and with friends!

Leadership Staff

Jocelyn

Associate Director

Years at camp: 11

Jocelyn has three daughters who all attended Bryn Mawr! She works for camp year-round as our Staffing Director and is also a college consultant.

"I have watched my own children learn new skills, try new experiences and make new friends at camp. I can't wait to get to know you and help you do the same!"

Meryl

Manor House, Lodge & Lower Juniors Division Head

Years at camp: 7

Meryl has two daughters at camp. Prior to becoming an LBMC Division Head, she worked at Jeff Lake Day Camp in the same capacity for over 10 years! During the school year, Meryl is a special education teacher in Millburn, NJ.

"I am so excited to get to know all our new Angels this summer! I feel like I get to experience camp through new eyes each and every year."

Christine

Head Nurse

Years at camp: 5

Christine has been a nurse for 34 years, and this year she is leading our caring Health Center staff! She is also mom to a son and daughter.

"I love the friendships and support I witness between the girls and watching them grow up over the years."

Eliza

Assistant Director

Years at camp: 16

Eliza literally grew up at Bryn Mawr! A nine-year camper from Bunk One 2010, Eliza now works year-round for camp on social media, alumnae outreach, programming, hiring, and meeting all new campers.

"Camp has been part of my life for as long as I can remember! I love getting to know new campers and sharing the traditions that are so close to my heart."

Tanya

Upper Seniors & Bunk Two Division Head

Years at camp: 16

Tanya started out as a cabin counselor and has loved watching a generation of campers grow up and become leaders and young women! At home, she teaches middle school English and coaches basketball.

"I love the fun of camp! In my role working with senior campers, I get to help them learn to take the leadership skills they have gained at camp and put them to use in new ways."

Max

Assistant Director

Years at camp: 21

Maxine originally came to camp as a gymnastics counselor. She didn't know it would become her summer home! During the year, she teaches high school science.

"I have the best job — I get to walk around camp all day, spend time with campers and counselors, make sure everyone is having a great summer, and even act a little silly. I love it!"

Lindsay

Upper Juniors & Lower Seniors Division Head

Years at camp: 16

"Jarvis" started as a softball counselor and has since been a Group Leader in nearly every age group. You can often find her outside the program shack, having "friend time" with her campers. She is an elementary school teacher in the Kent School District (near Seattle) and has earned National Board Certification, one of the highest honors a teacher can receive.

"I spent 7 years as the Group Leader for Bunk One, so of course my favorite camp activities are Sing and Rope Burn during Color War!"

PARENTS:

As you and your daughter prepare for camp, talk to her about the different adults who will be there to help her. She'll have two or three cabin counselors, and her age group will be overseen by a Group Leader. Division Heads are our most senior leadership staff when it comes to cabin life. They work with Jane to oversee everything that happens on Cabin Row.



Letters From Camp



PARENTS:

Honesdale, PA, is a rural small town. A letter may take up to five days to travel from camp to your mailbox, even without the delays the USPS is currently experiencing. If you're not hearing from your daughter, feel free to check in with her Division Head!

Camp is more fun when you share it! This summer, you will write letters home often.

Tips to make letter writing fun & easy:

- Print out address labels for the people you will write to most frequently — that way, you can just peel and stick!
- Cool stationery makes it more fun to write home... and parents, don't be surprised when unfamiliar stationery shows up in your mailbox. Lots of campers love to trade!

Parent Communication



First Days of Camp

- Within the first 48-72 hours of camp, you will get a call from Dan, Jane, or your daughter's Division Head with a brief update about how your Angel is settling in.

All Summer Long

- Please don't hesitate to reach out to your daughter's Division Head with any questions or concerns!
- Dan and Jane are always available and accessible to parents.

Online Photos

- Photos and videos will be uploaded to Campanion regularly throughout the summer.
- Make sure to follow the setup steps in the Campanion app to ensure you receive your daughter's photos.

Health Center

- For routine visits to the Health Center (skinned knee, etc.), the nursing staff will evaluate and treat campers as necessary.
- If your daughter needs to spend the night, take a new medication, or see a specialist, we will call you.

Email From Camp

- Please check your emails from camp! We will send important reminders throughout the summer.

One-Way Email For Parents

- Emails from parents to campers will be printed every day and distributed with the regular mail. (We don't distribute mail or emails on Sundays.)
- Check the Parent Guide for instructions to email your daughter at camp.

Tips & Reminders

Pack liquids carefully

- Although Camp Trucking is very careful, every year we open one or two trunks to find a leaky shampoo mess! We recommend you double-bag your liquid toiletries.
- Don't send too much shampoo, conditioner, lotion, etc. — if your daughter runs out, we will take care of it at camp. We don't send home leftover toiletries in August.

Please follow the packing list!

- There are some items we will not unpack from trunks because they aren't necessary at camp. Please see the packing list for details.
- Please leave valuables, jewelry, and expensive electronics at home! These items are susceptible to loss and damage.
- When packing shoes, remember to send some old sneakers or other shoes your daughter won't mind getting wet when it rains.
- Speaking of rain... remember a raincoat and rainboots!
- Please send four small mesh bags to keep your daughter's socks and underwear together in the laundry. Be sure to label them with her name.
- If you're ever unsure about an item you're considering sending to camp, please feel free to call or email and ask us!

Label everything!

- We mean everything! Don't forget socks, underwear, flashlights, sporting equipment, bedding, books, tennis racquets (we don't unpack racquet covers), riding pants, clipboards, shower caddies...



Contact our summer office AFTER JUNE 15th to arrange a special birthday phone call!

summer@campbrynmawr.com